

Program Day 1

10:00 – 14:00 **Registration**

13:00 – 14:00 **Lunch - buffet**

14:00 – 14:15 **Welcome**

Chris Jensen (NO)

14:15 – 15:00 **Plenary** Work and health

Ute Bültmann (DK/NL): Work in Life – Work and health from a lifecourse perspective

15:00 – 15:15 **Coffee break**

15:15 – 17:00 **Plenary** Nordic perspectives on work and health

Bjørn Guldvog, Director of the [Norwegian Directorate of Health](#) and

Sigrun Vågeng, Director of [Norwegian Directorate of Labour and Welfare](#) (NO): The Norwegian strategy on work and health.

Debate on national strategies on work and healthcare/rehabilitation in the Nordic countries

Thomas Gross Havsager (DK) – Specialist consultant, Styrelsen for Arbejdsmarked og Rekruttering

Ritva Partinen (FIN), Senior Advisor – Ministry of Social Affairs and Health

Bjørn Guldvog, Director of the [Norwegian Directorate of Health](#)

Sigrun Vågeng, Director of [Norwegian Directorate of Labour and Welfare](#)

19:00 Buffet dinner

08:30 – 10:00 **Plenary** Evidence based practice

Gro Jamtvedt (NO): Perspectives on evidence-based work and health

Christian Ståhl (SE): What is evidence in a broader perspective?

Silje Reme (NO): IPS – implementation in practice

Stig Aag (NO): Integrating therapy and work related follow-up in practice

10:00 – 10:35 **Plenary** Poster teasers

10:35 – 11:15 **Coffee break & mingling**

11:15 – 12:45 **Parallel session 1**

1.1 Workability assessments in practice

Elin Karlsson (SE) – Social validity in work ability assessments

Abstract presentations

Katrine Baltzer Thygesen (DK) – Work Ability Assessment across Danish rehabilitation.

Lene Aasdahl (NO) – Improved expectations about length of sick leave during occupational rehabilitation is associated with increased work participation. **Line Thorndal Moll (DK)** – Neck and shoulder pain: Do clinical examination and cervical spine MRI provide added value to the assessment of RTW prognosis?

Brede Dammann (NO) – Are specific measures used by those who need them?

1.2 Work Integration

Lena Strindlund (SE) – Employers views on disability, employability and labor market inclusion- a phenomenographic study

Abstract presentations

Roland Mandal (NO) – Norwegian employers' assessment of physical, mental and socially conditioned disabilities against the work tasks they perform – a analysis.

Trude Mariane Midtgård and Stine Berre (NO) – What are Norwegian employers' motivation to offer vocational training or permanent employment to persons with disabilities?

Ole Steen Mortensen (DK) – What predicts individuals signed off sick remaining in the job market and how important is the diagnoses?

1.3 Cancer and work

Christina Malmose Stapelfeldt (DK) – Effect of an early onset municipal return to work management intervention in cancer survivors

Steffen Torp (NO) – The Labour and Welfare Administration's role in supporting self-employed cancer survivors in Norway

Abstract presentations

Maria Aagesen (DK) – Readiness for return to work among cancer survivors – A quantitative exploratory study.

Rikke Rosbjerg (DK) – The impact of physical activity and self-efficacy on the employment status of cancer patients at the initiation of chemotherapy.

Louise Sofia Madsen (DK) – The processes in readiness for return to work experienced by cancer survivors – a qualitative study.

1.4 What works in cognitive interventions?

Thomas Johansen (NO) – The effects of work-focused CBT versus traditional CBT on return to work

Pernille Pedersen (DK) – Psychoeducation for individuals on sick leave

Abstract presentations

Ragne G. H. Gjengedal (NO) – Work-Focused Cognitive and Metacognitive Therapy for Common Mental Disorders and Return to work: a Prospective Observational Study.

Birthe Bruun Olsen (DK) – Clinical experiences with cognitive remediation integrate with vocational rehabilitation in patients with first- episode schizophrenia: The MORPHEUS project.

13:00 – 14:00 **Lunch**

14:00 – 15:30 **Parallel session 2**

2.1 Leadership, sickness absence and health – what is the evidence?

Monica Bertilsson (SE) – Managers perspectives on mental health

Janne Skakon (DK) – Leaders' stress and wellbeing – and the effect on employees

Elisabeth Svinndal (NO) – Hearing disability and work participation

Abstract presentations

Riitta Seppänen-Järvelä (FIN) – Do theory-based disability management paradigms contribute to HR managers' knowledge of workplace factors affecting disability?

Ásta Snorradóttir (IS) – Managers attitude to hiring and retaining employees with disabilities.

2.2 Workplace involvement

Abstract presentations

Cecilie Nørby Thisted (DK) – Employers' attitude, opportunities and challenges in supporting employees with depression.

Lisa Björk (SE) – How can primary care succeed in involving the employer in the rehabilitation of stress-related disorders?

Martin Skagseth (NO) – Effects of a workplace intervention in inpatient occupational rehabilitation: a randomized clinical trial.

Marit By Rise (NO) – Workplace meetings in occupational rehabilitation – a multiple case study exploring stakeholders' experiences.

2.3 Vocational rehabilitation and disability

Pirjo Juvonen-Posti (FIN) – Mechanisms of vocational rehabilitation for prolonging working career.

Abstract presentations

Erik Berglund (SE) – Vocational rehabilitation performed with multidisciplinary assessments and acceptance and commitment therapy to promote return to work and increased employability

Karen Walseth Hara (NO) – Randomized Controlled Trial of Adding Telephone Follow-Up to an Occupational Rehabilitation Program to Increase Work Participation

Pernille Pedersen (DK) – Comparing multidisciplinary and brief intervention in employees with different job relations on sick leave due to low back pain

Anita Dyb Linge and Wivi Andersen (NO) – Will lifestyle rehabilitation with work intervention increase work ability?

15:30 – 17:00 **Posters and coffee**

19:00 Bar & mingling

19:30 Banquet dinner

08:30 – 10:00 **Workshops**

1. Ásta Snorradóttir (IS) Staying motivated in our jobs within occupational rehabilitation what can be learned from the Icelandic football team?

2. Pernille Pedersen, Anne-Mette Momsen og Christina Stapelfeldt (DK) Evidence on Return to Work Policy and Practice from the perspective of the workplace

3. Angelika Schafft (NO) Employer guides: An interdisciplinary service for vocational rehabilitation of people with mental health issues – recognising the employers' perspectives.

10:00 – 10:30 **Coffee break**

10:30 – 11:30 **Plenary** Working environment

Ståle Einarsen (NO): Leadership, working environment and sick leave

Tuula Oksanen (FIN) – Evidence-based health promotion in workplaces

11:30 – 12:00 **Coffee break**

12:00 – 12:45 **Plenary** Mental health at work

Gunnel Hensing (SE): New Ways to mental health at work – the contribution of this conference

12:45 **Closing remarks**

13:00 Lunch grab & go